



# March 2026

## Points West Living Cold Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Legend</b></p> <p>Cottage One (C1) Memory Care (MC) 2nd Floor (2nd) Conference Room (CR) Common Area (CA) Resident Rooms (Rm) Outing (Out) Back Garden (BG)</p>	<p><b>1</b> 10:00 Chair Zumba (2nd) <b>2</b></p> <p>11:00 Memory Match (MC&amp;C1)</p> <p>1:30 Roll &amp; Win (2nd)</p>	<p><b>3</b> 9:30 Manicure (2nd,MC&amp;C1) <b>3</b></p> <p>2:00 Bingo (CA)</p> <p>6:30 Live Country Music (CA)</p>	<p><b>4</b> 10:00 Chair Zumba (MC&amp;C1) <b>4</b></p> <p>1:30 Car Racing (2nd)</p> <p>2:30 Tower Toss (MC&amp;C1)</p>	<p><b>5</b> 10:00 St. Patrick's Day Decoration <b>5</b></p> <p>2:00 Bingo (CA)</p>	<p><b>6</b> 10:30 Painting (MC&amp;C1) <b>6</b></p> <p>1:00 Visitation and Prayer(Rm)</p> <p>1:30 Kilo's Visiting (Rm)</p> <p>ECP Appreciation Day Maintenance Appreciation Day</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>7</b> FIS Freestyle Junior World Ski Championships 28 February - 7 March 2026 <b>7</b></p> <p>2026 World Rugby SVNS 7 - 8 March 2026</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>
<p><b>8</b> International Women's Day <b>8</b></p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>9</b> 10:00 Fit &amp; Fun (2nd) <b>9</b></p> <p>11:00 Fit &amp; Fun (MC&amp;C1)</p> <p>1:30 Tower Toss (2nd)</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>10</b> 10:00 Sing to Think (MC&amp;C1) <b>10</b></p> <p>11:00 Wood Memory Chess (2nd)</p> <p>2:00 Bingo (CA)</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>11</b> 10:00 Trivia (2nd) <b>11</b></p> <p>11:00 Picture Word Bingo (MC&amp;C1)</p> <p>2:00 Java Music Club (2nd)</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>12</b> 10:30 Spiritual hour - TV (MC&amp;C1) <b>12</b></p> <p>2:00 Bingo (CA)</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>13</b> 10:30 Crafts (CA) <b>13</b></p> <p>1:30 Bingo Cards (2nd)</p> <p>6:30 Clog Dance (CA)</p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>14</b> Milano Cortina 2026 Paralympic Winter Games <b>14</b></p>
<p><b>15</b> St. Patrick's Day <b>15</b></p> <p>Milano Cortina 2026 Paralympic Winter Games</p>	<p><b>16</b> 10:30 Chair Zumba (MC&amp;C1) <b>16</b></p> <p>1:30 Roll &amp; Win (2nd)</p> <p>2:30 Play Cards (MC&amp;C1)</p>	<p><b>17</b> 2:00 St. Patrick's Day Celebration <b>17</b></p>	<p><b>18</b> 10:30 Chair Zumba (2nd) <b>18</b></p> <p>1:00 Resident Council Meeting (CR)</p> <p>1:30 Dog Visiting (Rm)</p>	<p><b>19</b> 12:00 Birthday Celebration (CA) <b>19</b></p>	<p><b>20</b> 10:30 Manicure (MC&amp;C1) <b>20</b></p> <p>2:00 Church Service (CA)</p>	<p><b>21</b> St. Patrick's Day <b>21</b></p>
<p><b>22</b> Easter Decoration <b>22</b></p> <p>1:30 Volleyball (2nd)</p> <p>2:30 Basketball (MC&amp;C1)</p>	<p><b>23</b> 10:00 Easter Decoration <b>23</b></p> <p>1:30 Volleyball (2nd)</p> <p>2:30 Basketball (MC&amp;C1)</p>	<p><b>24</b> 10:30 Spiritual hour - TV (MC&amp;C1) <b>24</b></p> <p>2:00 Bingo (CA)</p>	<p><b>25</b> 10:30 Book Club (2nd) <b>25</b></p> <p>11:00 Sing to Think (MC&amp;C1)</p> <p>1:30 TriCity Mall (Out)</p> <p>2:00 Java Music Club (2nd)</p>	<p><b>26</b> 10:00 Fit &amp; Fun (2nd) <b>26</b></p> <p>11:00 Fit &amp; Fun (MC&amp;C1)</p> <p>2:00 Bingo (CA)</p>	<p><b>27</b> 10:30 Baking (CA) <b>27</b></p> <p>1:30 Movie&amp;Popcorn (MC&amp;C1)</p> <p>2:30 Trivia (2nd)</p>	<p><b>28</b> Milano Cortina 2026 Paralympic Winter Games <b>28</b></p>
<p><b>29</b> Palm Sunday <b>29</b></p>	<p><b>30</b> 10:00 Wood Memory Chess (2nd) <b>30</b></p> <p>11:00 Lunch - Age Friendly Community (Out)</p> <p>11:00 Chair Zumba (MC&amp;C1)</p> <p>1:30 Car Racing (2nd)</p>	<p><b>31</b> 10:00 Fit &amp; Fun (2nd) <b>31</b></p> <p>11:00 Gospel Music (MC&amp;C1)</p> <p>2:00 Bingo (CA)</p>	<p>March is where the calendar says spring, but the driveway says shovel</p>	<p>HAPPY BIRTHDAYS</p> <p>March 2nd - Jackie Hunter</p> <p>March - 3rd Marguerite Vaasjo</p> <p>March - 4th Ron Pidgeon</p> <p>March 16th - Mary Thurrott</p> <p>March 27th - Marilyn Wood</p>	<p><b>31</b> St. Patrick's Day <b>31</b></p>	