















February 2026

Points West Living Cold Lake



POINTS WEST
LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Legend 1</p> <p>Cottage One (C1) Resident Rooms (Rm) Memory Care (MC) Conference Room (CR) 2nd Floor (2nd) Common Area (CA) Outing (Out) Back Garden (BG)</p>	<p>10:00 Chair Zumba 2 (2nd)</p> <p>11:00 Play Cards (2nd)</p> <p>2:00 Trivia (2nd)</p> 	<p>10:30 Roll & Win 3 (2nd)</p> <p>2:00 Bingo (CA)</p>	<p>10:30 Valentines 4 Crafts (CA)</p> <p>1:30 Kilo's Visiting (Rm)</p> 	<p>10:30 Manicure 5 (2nd)</p> <p>2:00 Bingo (CA)</p>	<p>10:30 Painting (2nd) 6</p> <p>1:00 Visitation and Prayer(Rm)</p> <p>3:00 Boathouse Bowling (Out)</p> <p>Milano Cortina 2026 Olympic Winter Games Feb 6 - Opening Ceremony</p>	<p>7</p> <p>HAPPY BIRTHDAYS Feb 22th - Evelyn Berkshire</p> <p>Milano Cortina 2026 Olympic Winter Games</p>
 <p>8</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:00 Chair Zumba 9 (2nd)</p> <p>11:00 Memory Match</p> <p>2:00 Tower Toss (2nd)</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:30 Spiritual 10 hour (TV) (2nd)</p> <p>2:00 Bingo (CA)</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:00 Car Racing 11 (2nd)</p> <p>11:00 Wood Memory Chess (MC&C1)</p> <p>2:00 Java Music Club (2nd)</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:30 Sing to 12 Think (MC&C1)</p> <p>2:00 Bingo (CA)</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>2:00 Valentine's 13 Day Celebration Disney Theme</p>  <p>Alberta Winter Games Feb 13 - 16</p>	<p>14</p> <p>HAPPY Valentine's Day</p> <p>Alberta Winter Games</p> <p>Milano Cortina 2026 Olympic Winter Games</p>
 <p>15</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	 <p>16</p> <p>Alberta Winter Games</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:30 Tai Chi 17 Exercises (2nd)</p> <p>2:00 Bingo (CA)</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:30 Crafts (CA) 18</p> <p>1:00 Resident Council Meeting (CR)</p> <p>1:30 Movie&Popcorn (MC&C1)</p> <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>12:00 Birthday 19 Celebration (CA)</p>  <p>Milano Cortina 2026 Olympic Winter Games</p>	<p>10:30 Manicure 20 (MC&C1)</p> <p>2:00 Church Service (CA)</p>  <p>Milano Cortina 2026 Olympic Winter Games</p>	 <p>21</p> <p>Milano Cortina 2026 Olympic Winter Games</p>
 <p>22</p> <p>WORLD AQUATICS DIVING WORLD CUP Feb 26 - March 1</p> <p>Milano Cortina 2026 Olympic Winter Games Feb 22 - Closing Ceremony</p>	<p>10:00 Picture Word 23 Bingo (MC&C1)</p> <p>11:00 Lunch - Age Friendly Community (Out)</p> <p>11:00 Roll & Win (2nd)</p> <p>2:00 Volleyball (2nd)</p>	<p>10:00 Whiteboard 24 Games (2nd)</p> <p>11:00 Memory Match (MC&C1)</p> <p>2:00 Bingo (CA)</p>	<p>10:30 Book Club 25 (2nd)</p> <p>2:00 Java Music Club (2nd)</p>  <p>Canadian Women's Curling Championship 2026</p>	<p>10:00 Chair 26 Zumba (2nd)</p> <p>11:00 Gospel Music (MC&C1)</p> <p>2:00 Bingo (CA)</p>	<p>10:30 Baking (2nd) 27</p> <p>1:30 Dog Visiting (Rm)</p>	 <p>28</p>