



December 2025

Points West Living Cold Lake



POINTS WEST
LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Chair Zumba (MC&C1) 1 1:30 Roll & Win (2nd)	2:00 Bingo (CA) 2 6:30 Christmas Caroling (CA)	10:00 Picture Word Bingo (MC&C1) 3 1:30 Food meeting (CR) 2:00 Java Music Club (2nd)	10:30 Whiteboard Games (2nd) 4 2:00 Bingo (CA)	10:30 Kids visiting (CA) 5 1:00 Visitation and Prayer (Rm) 1:30 Watching Christmas video (2nd floor) 4:00 Sparkle in the Park trip (Out)	4:00 Sparkle in the Park trip (Out) 6 5:45 Sparkle in the Park trip (Out) FIS Alpine Skiing World Cup Women Fencing World Cup - Epee Vancouver
	10:30 Chair Zumba (MC&C1) 8 11:20 Wood Memory Chess (2nd) 2:00 Picture Word Bingo (MC&C1)	10:30 Manicure (2nd) 9 2:00 Bingo (CA) 6:45 Christmas Caroling (CA)	10:30 Christmas crafts (CA) 10 1:30 Roll & Win (2nd)	10:30 Spiritual hour (TV) (2nd) 11 2:00 Music and Magic Show (CA)	10:00 Watching Christmas video (MC&C1) 12 2:00 Dog Visiting (Rm)	
Location Legend 14 Cottage One (C1) Resident Rooms (Rm) Memory Care (MC) Conference Room (CR) 2nd Floor (2nd) Common Area (CA) Outing (Out) Back Garden (BG)	10:30 Chair Zumba (2nd) 15 11:00 Lunch - Age Friendly Community (Out) 11:20 Chair Zumba (MC&C1) 2:00 Tower Toss (CA)	10:30 Christmas Coloring (MC&C1) 16 1:30 Walmart Shopping	11:00 Fit & Fun (MC&C1) 17 1:00 Resident Council Meeting (CR) 2:00 Java Music Club (2nd)	10:30 Dog Visiting (Kilo) 18 12:00 Birthday Celebration (CA)	10:30 Baking (CA) 19 2:00 Church Service (CA) 	
	21 10:30 Manicure (MC&C1) 22 2:00 Bowling (CA)	10:30 Tai Chi Exercises (2nd) 23 11:20 Table Games (MC&C1) 2:00 Bingo (CA)	1:30 Christmas Party (CA) 24 	12:00 Christmas Lunch (Cottages) 25 	26 	
	10:30 Chair Zumba (2nd) 29 1:30 Volleyball (2nd) 2:20 Whiteboard Games (MC&C1)	10:30 Sing to Think (MC&C1) 30 1:30 Car Racing (2nd) 2:20 Picture Word Bingo (MC&C1)	1:30 New Year Party (CA) 31 	HAPPY BIRTHDAY Dec 6th - Dianna Arychuk Dec 10th - Paul Rondeau Dec 12th - Warren Wood	HAPPY BIRTHDAY Dec 16th - Nancy Tolley Dec 18th - Joyce Kiehl Dec 20th - Irene Gillett	2025 2026  LOADING...