

















May 2025

Points West Living Cold Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<u>Location Legend</u> Cottage One (C1) Memory Care (MC) 2nd Floor (2nd) Outdoors (Out)		Resident Rooms (Rm) Conference Room (CR) Common Area (CA)		
4 	10:30 Chair Zumba (2nd) 5 11:20 Chair Zumba (MC&C1) 1:30 Bean Bag Toss (2nd) 2:30 Picture Word Bingo (MC&C1)	10:00 Mother's Day Crafts (CA) 6 2:00 Norman Junior Rice Concert (CA) 	10:30 Fit & Fun (MC&C1) 7 1:30 Food meeting (CR) 2:00 Java Music Club (2nd)	10:30 Spiritual hour (TV) (2nd) 8 2:00 Bingo (CA)	10:30 Memory Match (2nd) 2 11:20 Fit & Fun (MC&C1) 1:00 Church Service (Rm) 1:30 Car Racing (2nd) 2:30 Tower Toss (MC&C1)	
11 	10:30 Puzzles (2nd) 12 11:20 Fit & Fun (MC&C1) 2:00 Curling (CA)	10:30 Manicure (MC&C1) 13 2:00 Bingo (CA)	10:30 Fit & Fun (2nd) 14 1:30 Nerf Target Competition (2nd) 2:30 Pictionary (MC)	12:00 Birthday Celebration (CA) 15 	10:30 Fit & Fun (Backyard) 16 2:00 Spiritual hour with Marjorie 	
18 	19 	11:00 Walking Outside 20 2:00 Bingo (CA) 	10:30 Fit & Fun (2nd) 21 11:20 Gospel Music (MC&C1) 1:00 Resident Council Meeting (CR) 2:00 Java Music Club (2nd)	10:30 Picture Word Bingo (MC&C1) 22 2:00 Visit Museum 	10:00 Crafts (CA) 23 2:00 Fire Pit Day (Out)	
	10:30 Sing to Think (MC&C1) 26 11:00 Lunch - Age Friendly Community 11:20 Fit & Fun (2nd) 1:30 Play Cards (2nd) 2:30 Tower Toss (MC&C1)	10:30 Manicure (2nd) 27 2:00 Bingo (CA)	10:30 Book Club (2nd) 28 2:00 Badminton (Out)	10:30 Fit & Fun (2nd) 29 11:20 Spiritual hour - TV (MC&C1) 2:00 Bingo (CA)	10:30 Baking (CA) 30 1:30 Volleyball (2nd) 2:30 Picture Word Bingo (MC&C1)	31 HAPPY BIRTHDAY May 8th - Walter Peters May 14th - Spencer Beauchamp