

August 2024

Heritage House - Vegreville



POINTS WEST
— LIVING —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change. Please share any new ideas with Recreation Aide.	 <p>Florence Derwynka - Aug 4 Wilma Golinowski - Aug 9 Mary Shukalek - Aug 14 Cliff Windels - Aug 31</p>		Joyce Hantiuk - Aug 5 Dale Duke - Aug 13 Jan de Boer - Aug 19	10:00 Puzzles in the Rec Kitchen 1 10:30 Exercises 1:30 Resident & Care Partner Summer Games	9:30 Bowling with Kristen 2 10:30 Exercises 1:00 Bingo	10:30 Exercises 3
10:30 Exercises 4	Long Weekend 5 10:30 Exercises	10:00 Crib in T4 6 10:30 Exercises 1:15 Music with Orest	10:00 Country Fair Parade 7 10:30 Exercises 1:00 Bingo	10:00 Puzzles in the Rec Kitchen 8 10:30 Exercises 1:30 Java Music Club (T4)	9:30 Bowling with Kristen 9 10:30 Exercises 1:00 Bingo	10:30 Exercises 10
10:30 Exercises 11	Kristen Away 12 10:30 Exercises 1:00 Resident & Family Council Meeting	Kristen Away 13 10:00 Bible Study in Rec Kitchen 10:30 Exercises 1:30 Sing-Along with Verna and Judy	Kristen Away 14 10:30 Exercises 2:00 Personal Touch Fashions	Kristen Away 15 10:30 Exercises 1:30 Painting Nails with Sofia and Brooke	Kristen Away 16 9:30 Bowling 10:30 Exercises 1:30 That Bob Guy	10:30 Exercises 17 2:30 Sunshine Band: Hymn Sing-Along
10:30 Exercises 18	10:00 Puzzles in the Rec Kitchen 19 10:30 Exercises 1:30 Java Music Club (T4)	10:00 Holy Trinity Service 20 10:00 Crib in T4 10:30 Exercises 1:30 Afternoon Lemonade in the Courtyard with Kristen	10:00 Card Games in T4 21 10:30 Exercises 1:30 Yard Sale Prep 6:30 Loretta and Friends Entertainment	10:30 Exercises 22 1:00 Yard Sale	9:30 Bowling with Kristen 23 10:30 Exercises 1:30 Monthly Birthday Party 1:30 Jim Davis and Friends	10:30 Exercises 24
10:30 Exercises 25 5:30 Northern Lights Mennonite Choir	10:00 Coffee with Chef Dennis 26 10:30 Exercises 1:00 Hearty Soup Day with Jo-Anne	10:00 Crib in T4 27 10:30 Exercises 1:00 Bible Study in Rec Kitchen 1:30 1-on-1 Visits with Kristen	10:00 Puzzles in the Rec Kitchen 28 10:30 Exercises 1:00 Bingo	10:00 Card Games in T4 29 10:30 Exercises 1:30 Splatter Painting	9:30 Bowling with Kristen 30 10:30 Exercises 1:00 Bingo	10:30 Exercises 31