







August 2024

Points West Living Cold Lake



POINTS WEST
— LIVING —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>HAPPY BIRTHDAYS August 12th - Kenneth Swallows August 14th - Roberta Pilon August 23rd - Alfred Laplante</p>		10:30 Manicure 1 2:00 Bingo 6:45 Bean Bag Toss	10:30 Spiritual hour (TV) 2 2:00 Playing Outside 6:45 Painting	6:45 Picture World Bingo 3
6:45 Memory Match 4	6:45 Manicure 5	11:00 Fit & Fun 6 2:00 Bingo 6:45 Snakes & Ladders	2:00 Bowling 7 6:45 Tower Toss	2:00 Trip to the Lake 8 6:45 Gospel Music 	11:00 Chair Zumba 9 2:00 Kids visiting 6:45 Board Games	6:45 Bean Bag Toss 10
6:45 Bowling 11	11:00 Chair Zumba 12 2:00 Basketball 6:45 Picture Word Bingo	10:30 Crafts 13 2:00 Bingo 6:45 Spiritual hour (TV)	11:00 Walking Outside 14 2:00 Bean Bag Toss 6:45 Snake & Ladders	10:30 Manicure 15 2:00 Bingo 6:45 Tower Toss	6:45 Table Tennis 16	6:45 Bowling 17
6:45 Board Games 18	11:00 Chair Zumba 19 2:00 Bowling 6:45 Tower Toss	10:30 Station Day 20 2:00 Bingo 6:30 Gypsy Renegades Concert 	10:30 Crafts 21 2:00 Curling 6:45 Picture Word Bingo	12:00 Birthday Celebration 22 6:45 Bean Bag Toss 	11:00 Chair Zumba 23 2:00 Spiritual hour with Marjorie 6:45 Darts	6:45 Funny videos 24
6:45 Funny videos 25	11:00 Chair Zumba 26 2:00 Basketball 6:45 Manicure	11:00 Fit & Fun 27 2:00 Bingo 6:45 Snakes & Ladders	10:30 Board Games 28 2:00 Bean Bag Toss 6:45 Puzzles /Coloring	10:30 Makeover 29 2:00 Bingo 6:45 Tower Toss	11:00 World Virtual Tour 30 2:00 Table Tennis 6:45 Gospel Music	6:45 Bean Bag Toss 31 <p style="text-align: center; color: red;">Activities are subject to change</p>