



# July 2024



## POINTS WEST LIVING

Heritage House - Vegreville

### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

Calendar is subject to change. Please share any new ideas with Recreation Aide.

Canada Day 10:30 Exercises	<b>1</b>	Kristen Away 10:30 Exercises 1:15 Music with Orest	<b>2</b>	Wear Red!! 10:00 Crib in T4 10:30 Exercises 11:00 Canada Day BBQ 1:30 Bean Bag Toss - Outside Weather Permitting	<b>3</b>	10:00 Hangman & Trivia 10:30 Exercises 1:30 Musical Band At Front Parking Lot	<b>4</b>	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	<b>5</b>	10:30 Exercises	<b>6</b>		
10:30 Exercises	<b>7</b>	10:00 Crib in T4 10:30 Exercises 1:00 Resident & Family Council Meeting	<b>8</b>	10:00 Puzzles in the Rec Kitchen 10:30 Exercises 1:30 Java Music Club (T4)	<b>9</b>	10:00 Card Games in T4 10:30 Exercises 1:00 Bingo 3:00 St. Vladimir's	<b>10</b>	10:00 1-on-1 Visits with Kristen 10:30 Exercises 1:30 Paint Pouring Craft	<b>11</b>	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	<b>12</b>	10:30 Exercises	<b>13</b>
10:30 Exercises	<b>14</b>	Kristen Away 10:30 Exercises 1:00 Card Games in the Living Room	<b>15</b>	10:00 Holy Trinity Service 10:00 Crib in T4 10:30 Exercises 1:00 Bible Study in Rec Kitchen 1:30 1-on-1 Visits with Kristen	<b>16</b>	10:00 Puzzles in the Rec Kitchen 10:30 Exercises 1:30 Music with Tony Mapa	<b>17</b>	10:00 Card Games in T4 10:30 Exercises 1:15 Monthly Birthday Party 1:30 That Bob Guy 6:30 Loretta and Friends Entertainment	<b>18</b>	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	<b>19</b>	10:30 Exercises	<b>20</b>
10:30 Exercises	<b>21</b>	10:00 Crib in T4 10:30 Exercises 1:30 Cooking Club with Judy 6:00 Companions on the Journey Sing- Along	<b>22</b>	10:00 Hangman & Word Womp 10:30 Exercises 1:30 Java Music Club (T4)	<b>23</b>	10:00 Puzzles in the Rec Kitchen 10:30 Exercises 1:00 Bingo	<b>24</b>	10:00 Card Games in T4 10:30 Exercises 1:30 Coffee and Tea Club with Kristen in Courtyard	<b>25</b>	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	<b>26</b>	10:30 Exercises	<b>27</b>

10:30 Exercises **28**

10:00 Coffee with Chef Dennis **29**  
10:30 Exercises  
1:00 Hearty Soup Day with Jo-Anne

10:00 Puzzles in the Rec Kitchen **30**  
10:30 Exercises  
1:00 Bible Study in Rec Kitchen  
1:30 1-on-1 Visits with Kristen

10:00 Crib in T4 **31**  
10:30 Exercises  
1:00 Bingo



Rose Kerich - July 5	Elsie Hlus - July 22
Rita Soprovich - July 6	Ann Synyshyn - July 23
Orest Fodchuk - July 6	Olga Larsen - July 24
Enid Theophile - July 17	Olga Wasyliw - July 30