






# June 2024



POINTS WEST  
— LIVING —

Heritage House - Vegreville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>June 10 - Gordon Koshelek June 19 - Denise Tutton</p>						10:30 Exercises <b>1</b>
10:30 Exercises <b>2</b>	<p>Kristen Away <b>3</b> Happy Seniors Week 10:30 Exercises 1:00 Alberta Clothing Shopping</p>	<p>Happy Seniors Week <b>4</b> 10:00 A L Horton Students visiting for Seniors Week 10:30 Exercises 1:15 Music with Orest 6:30 Companions on the Journey Sing-Along</p>	<p>Happy Seniors Week <b>5</b> 10:00 Puzzles in the Rec Kitchen 10:30 Exercises 1:00 Bingo</p>	<p>Happy Seniors Week <b>6</b> 10:00 Card Games in T4 10:30 Exercises 1:30 Bean Bag Toss and Ice Cream Treats</p>	<p>Happy Seniors Week <b>7</b> 9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo</p>	<p>Happy Seniors Week <b>8</b> 10:30 Exercises 1:00 Music with Brandon Hachkowski</p>
<p>Happy Seniors Week <b>9</b> 10:30 Exercises</p>	<p>10:00 Puzzles in the Rec Kitchen <b>10</b> 10:30 Exercises 1:00 Resident &amp; Family Council Meeting</p>	<p>10:00 Card Games in T4 <b>11</b> 10:30 Exercises 1:00 Bible Study in Rec Kitchen 1:30 1-on-1 Visits with Kristen</p>	<p>10:00 Flower Arrangements for Spring Tea <b>12</b> 10:30 Exercises 1:00 Bingo</p>	<p>10:30 Exercises <b>13</b> 1:30 Spring Tea!!!</p>	<p>9:30 Bowling with Kristen <b>14</b> 10:30 Exercises 1:30 That Bob Guy</p>	<p>10:30 Exercises <b>15</b></p>
<p>Father's Day <b>16</b> 10:30 Exercises </p>	<p>10:00 Puzzles in the Rec Kitchen <b>17</b> 10:30 Exercises 1:30 Java Music Club (T4)</p>	<p>10:00 Holy Trinity Service <b>18</b> 10:00 Card Games in T4 10:30 Exercises 11:00 Father's Day BBQ</p>	<p>Meeting at 2 <b>19</b> 10:30 Exercises 1:30 Music with Tony Mapa 1:30 Monthly Birthday Party</p>	<p>First Day of Summer!! <b>20</b> 10:00 Crib in T4 10:30 Exercises 1:30 Let's Dance! </p>	<p>9:30 Bowling with Kristen <b>21</b> 10:30 Exercises 1:00 Bingo</p>	<p>10:30 Exercises <b>22</b></p>
<p>10:30 Exercises <b>23</b></p>	<p>10:00 Coffee with Chef Dennis <b>24</b> 10:30 Exercises 1:00 Hearty Soup Day with Jo-Anne</p>	<p>10:00 Crib in T4 <b>25</b> 10:30 Exercises 1:00 Bible Study in Rec Kitchen 2:00 Bean Bag Toss - Outside Weather Permitting</p>	<p>10:00 Puzzles in the Rec Kitchen <b>26</b> 10:30 Exercises 1:00 Bingo</p>	<p>10:30 Exercises <b>27</b> 1:30 United Church Service 6:30 Loretta and Friends Entertainment</p>	<p>9:30 Bowling with Kristen <b>28</b> 10:30 Exercises 1:00 Bingo</p>	<p>10:30 Exercises <b>29</b></p>
<p>10:30 Exercises <b>30</b></p>	<p><b>Calendar is subject to change. Please share any new ideas with Recreation Aide.</b></p>					