



June 2024

Points West Living Cold Lake



POINTS WEST
— LIVING —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						6:45 Picture Word Bingo 1
6:45 Puzzles /Coloring 2	11:00 Walking Outside 3 2:00 Curling 6:45 Picture World Bingo	11:00 Dog Visiting 4 2:00 Bingo 6:45 Tea & Chat	11:00 Spiritual hour (TV) 5 2:00 Bowling 6:45 Bean Bag Toss	10:30 Manicure 6 2:00 Bingo 6:45 Snakes & Ladders	10:30 Popsicles on Patio 7 2:00 Bean Bag Toss 6:45 Country Music	6:45 Darts 8
6:45 Tower Toss 9	11:00 World Virtual Tour 10 2:00 Egg and Spoon Race 6:45 Snake & Ladders	10:30 Bored Board 11 2:00 Bingo 6:45 Bowling	10:30 Painting Rocks 12 2:00 Bean Bag Toss 6:45 Manicure	11:00 Walking Outside 13 2:00 Bingo 6:45 Puzzles /Coloring	11:00 Chair Zumba 14 2:00 Kids visiting 6:45 Spiritual hour (TV)	6:45 Tea & Chat 15
11:00 Father's Day - Car Show 16 	11:00 Walking Outside 17 2:00 Curling 6:45 Puzzles /Coloring	10:00 Makeover/M 18 2:00 Bingo 6:45 Tea & Chat	11:00 Walking Outside 19 2:00 Mike's Concert 6:45 Picture Word Bingo	11:00 Tai Chi Exercises 20 2:00 Bingo 6:45 Snakes & Ladders	2:00 Spiritual hour with Marjorie 21 6:30 Clog Dance	6:45 Tower Toss 22
6:45 Funny videos 23	11:00 Chair Zumba 24 2:00 Basketball 6:45 Manicure	10:30 Puzzles /Coloring 25 2:00 Bingo 6:45 Tower Toss	11:00 Mindfulness Meditation 26 2:00 Bean Bag Toss 6:45 Darts	12:00 Birthday Celebration 27 6:45 Bowling	11:00 Walking Outside 28 2:00 Visiting Time 6:45 Spiritual hour (TV)	6:45 Bean Bag Toss 29
6:45 Snake & Ladders 30				HAPPY BIRTHDAYS June 10th - Roberta Daniels June 13th - Lisa Engleder June 24th - Lawrence Noel		